



## WINGS OF THE FUTURE, NFP PRICE LIST

### Price List: Therapy Services

*Compassionate, trauma-informed, and faith-aligned care for individuals and families.*

#### INDIVIDUAL THERAPY

Service	Session Length	Price	Notes
Standard Individual Therapy	50 minutes	\$150 per session	Focused on anxiety, depression, boundaries, or life transitions
Christian Counseling (Individual)	50 minutes	\$150 per session	Integrates scripture, prayer, and spiritual guidance
Self-Empathy & Nervous System Work	50 minutes	\$150 per session	Trauma-informed; uses somatic, polyvagal, and healing affirmations
Life Coaching / Purpose Work	45 minutes	\$200 per session	Goal-oriented sessions with a solution-focused lens

#### TRAUMA THERAPY (SPECIALIZED)

Service	Session Length	Price	Notes
Complex Trauma / PTSD Therapy	60 minutes	\$150 per session	EMDR, somatic processing, or attachment-based tools available
Childhood Abuse Recovery	60 minutes	\$150 per session	Inner child work, trauma mapping, and safety-building
Identity-Based Trauma / Self-Sabotage Work	60 minutes	\$175 per session	Neuroscience + self-empathy framework
Faith-Based Trauma Healing	60 minutes	\$150 per session	Blends biblical healing with clinical strategies



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Service	Session Length	Price	Notes
Intensive Trauma Sessions (Extended)	90 minutes	\$220 per session	Ideal for deep healing or session bundles

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### CHILD & ADOLESCENT THERAPY

Service	Session Length	Price	Notes
Play Therapy (Ages 4–10)	45 minutes	\$130 per session	Uses sand tray, art, and play-based modalities
Adolescent Therapy (Ages 11–17)	50 minutes	\$135 per session	Focus on anxiety, trauma, school issues, or parent conflict
Trauma Therapy for Youth	50 minutes	\$145 per session	TF-CBT, polyvagal education, and self-regulation tools
Grief & Loss Counseling for Kids	45 minutes	\$125 per session	Especially after loss, CPS removal, or parent incarceration
Parent Support Session (Add-On)	30 minutes	\$65 per session	Monthly progress & parenting support for child clients

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### FAMILY THERAPY

Service	Session Length	Price	Notes
Standard Family Therapy	60 minutes	\$200 per session	Works on communication, boundaries, and healthy family roles
Trauma-Informed Family Healing Sessions	75 minutes	\$175 per session	Focuses on intergenerational trauma and systemic healing



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Service	Session Length	Price	Notes
Parenting & Attachment Sessions	60 minutes	\$150 per session	Especially effective for adoptive, foster, or high-need parenting cases
Family Reunification (Non-Court Ordered)	60 minutes	\$150 per session	For estranged parents, adult children, or siblings
Multi-Family or Blended Family Sessions	75 minutes	\$200 per session	Navigates stepparent roles, sibling dynamics, and parenting alignment

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### Discounts & Notes

- **Sliding Scale:** Available upon request based on income verification
- **Prepaid Packages:** 5%–10% off when purchasing 6 or 10 sessions in advance
- **Faith-Based or Community Referrals:** Ask about clergy/church referral pricing
- **Superbills Available:** For out-of-network insurance clients

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### Price List: Couples Therapy Services

*(Private pay / sliding scale options available. Superbills can be provided for out-of-network insurance reimbursement.)*

Service	Session Length	Price	Notes
Marriage Counseling	50 minutes	\$200 per session	Package of 6: \$810 (\$135/session)
Premarital Counseling	50 minutes	\$200 per session	Includes workbook and relationship inventory



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Service	Session Length	Price	Notes
Infidelity Recovery Couples Counseling	60 minutes	\$200 per session	Trauma-informed; may include individual sessions
High-Conflict Couples Counseling	60 minutes	\$175 per session	Includes regulation & communication tools
Discernment Counseling	75 minutes	\$200 per session	Short-term (1–5 sessions) decision-making model
Sex & Intimacy Counseling	60 minutes	\$200 per session	Includes education + trauma-sensitive approaches
Blended Family / Stepfamily Counseling	60 minutes	\$175 per session	Includes co-parenting planning
Faith-Based Couples Counseling	50 minutes	\$150 per session	Christian integration, scripture optional
Relationship Tune-Up / Maintenance Check-Ins	45 minutes	\$175 per session	Ideal for non-crisis couples
One-Day Intensive for Couples	4 hours	\$600 (half-day)	Includes worksheets + healing breakouts

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### Price List: Court-Ordered Therapy Services

*(All court-related services include letters of participation, treatment summaries, and progress reports for submission to attorneys, CPS, or judges. Additional documentation billed separately.)*



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Service	Session Length	Price	Notes
Family Reunification Therapy	60 minutes	\$175 per session	May include supervised visits or observation
Court-Involved Individual Therapy	50 minutes	\$150 per session	Treatment plan + monthly report
Anger Management (1-on-1)	50 minutes	\$125 per session	8- or 12-week format; includes certificate
Domestic Violence Intervention (1-on-1)	60 minutes	\$75 per session	16-week minimum; court-approved workbook included
Substance Abuse Counseling (1-on-1)	50 minutes	\$100 per session	UA testing billed separately if required
Parenting Skills Training	60 minutes	\$125 per session	8-week program; includes certificate
High-Conflict Parenting Program	60 minutes	\$150 per session	Structured; court reports included
Co-Parenting Counseling	60 minutes	\$150 per session	Includes communication protocols + parenting apps if needed
Divorce Counseling	50 minutes	\$175 per session	For emotional processing + court transitions
Grief & Loss Counseling (court-related)	50 minutes	\$150 per session	For CPS removal, child loss, or custody grief



## WINGS OF THE FUTURE, NFP PRICE LIST

Service	Session Length	Price	Notes
<b>Court Documentation Fee Court Custody Mediation – \$1,500.00</b>			
This service includes professional mediation for child custody matters, guided by a certified court mediator. Designed to facilitate a mutual agreement between both parties outside of court, this process helps avoid lengthy litigation and supports the best interests of the child. The \$1,500 fee covers preparation, up to two sessions (2 hours each), and final documentation for court submission.	N/A	\$50– \$100 per letter	Includes letters of attendance, treatment summaries, or court affidavits

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### Optional Discounts or Packages to Consider

- **Sliding scale:** For low-income families or court-referred clients
- **Prepaid bundles:** (e.g., 6 for 10% off)
- **Grant-based pricing:** If working with county or CPS contracts
- **Faith-based sliding rates:** For church referrals or ministry clients